

“Rock Climbing” :30 Radio PSA

(:01)

Audio: “Your path to recovery isn’t like mine.”

(:03)

Audio: “You have your own struggles with mental health issues ...”

(:07)

Audio: “... your own challenges with substance use disorders.”

(:12)

Audio: “You also have your own abilities and strengths.”

(:15)

Audio: “But when you need a hand, reach out until you find one.”

(:20)

Audio: “For information on mental and substance use disorders, including prevention and treatment referral, call 1-800-662-HELP, or 4357.”

(:27)

Audio: “Brought to you by the U.S. Department of Health & Human Services.”