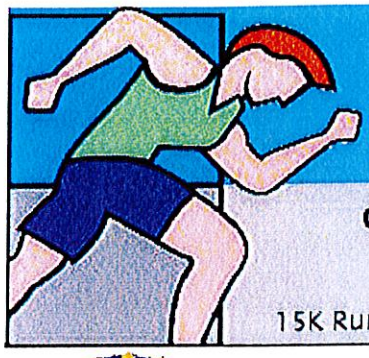


Race For Recovery
19th Annual

Celebrating National Alcohol/Drug Addiction Recovery Month

Saturday, September 24, 2016

15K Run & 5K Run/Walk and 5K and 1 Mile Run/Walk * Presque Isle State Park, Erie, PA

Part III and final race of the Erie Runners Club Summer Triple Crown Series

START LOCATION & TIMES:

* All starts/finishes are at the Rotary Pavilion
* 15K (9.3 mile) Run 9:00 AM ($25.00)
* 5K Run/Walk (3.1 miles) 9:15 AM ($20.00)
* 1 Mile Run/Walk 9:16 AM ($10.00)

COURSE DESCRIPTION:

Presque Isle State Park - Fast and flat. Rotary Pavilion is 3 miles from the park entrance. Free parking is available; but not at the Rotary Pavilion.

MORE INFO: www.ErieRaceForRecovery.com QUESTIONS? RACE HOTLINE: 814-240-3302

15K & 5K AWARDS * GIVEAWAYS * FOOD * & MORE!

PROCEEDS BENEFIT

- Saving Lives, Families and Communities -

Gaudenzia Erie Inc., helping people affected by chemical dependency, mental illness and related conditions through comprehensive treatment and prevention.

15K & 5K AWARDS CEREMONY 10:45 AM AT THE ROTARY PAVILION
Age groups: Top 3 Male-Female finishers, Top Masters M-F, Top 3 Each Age Group M-F

MAILED PAPER ENTRY FORMS MUST BE RECEIVED BY SEPT. 23, 2016
ONLINE REGISTRATION ENDS NOON 9/25/15 — *After 9/16/16 we cannot guarantee a T-Shirt*
Send this form and check/money order (no cash, photocopies acceptable) payable to Erie Race for Recovery, 2005 W. 8th St., Suite 202, Erie, PA 16505. OR REGISTER ONLINE: http://www.runsignup.com/Race/PA/Erie/ErieRaceforRecovery

PICK UP RACE PACKET/ LATE REGISTRATION

* Sept. 23, 12 - 3 PM, at Gaudenzia Crossroads, 414 W. 5th St., Erie, PA 16507
* OR Race Day 7:30 - 8:30 AM, Presque Isle Rotary Pavilion

You may also register online at www.ErieRaceForRecovery.com

Last Name: _____ First Name: _____

Address: _____ City: _____ State: ____ Zip: _____

Telephone: _____ Email: _____

Age (on day of race): ____ Shirt Size: ☐S ☐M ☐L ☐XL Gender: ☐Male ☐Female ☐Group _____
I am part of the group listed above

RACE: ☐15K Open ☐5K Run ☐5K Walk ☐One Mile Walk/Run ☐Wheelchair Athlete

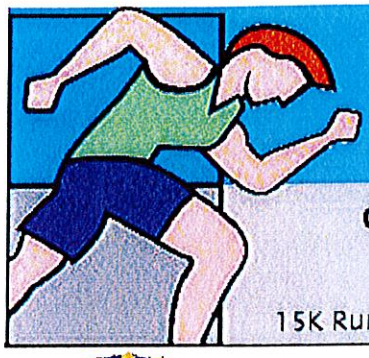
☐ *I have participated in races I and II of the Erie Runners Club Triple Crown Series*

Entry Fee: $10.00—1 Mile Run/Walk $20.00—5 K Run/Walk $25.00—15 K *15K participants must maintain a 13-min. mile/2-hour time limit*

Before taking part in vigorous physical activity, it is advisable to see your doctor and have a complete physical examination. In consideration of the entrant being permitted to enter and participate in this event, the undersigned hereby releases and discharges the organizers, sponsors, Commonwealth of Pennsylvania, and municipalities in which this event is conducted, and any of the sponsors' agents, servants, representatives, employees, successors, affiliates and assignees from all claims, demands, actions, causes of actions, damages, judgments and executions which the undersigned, their heirs, executors, administrators, representatives or assigns might have now or in the future, for any harm, injury, damage or occurrence, whether foreseen or unforeseen, which might arise from or be related to the entrant's participation in this event, and the entrant specifically assumes all risks in connection with this contest. The undersigned also agrees to release rights and to allow the use of any photographs in which they appear in connection with these events. Parent or guardian must sign if entrant is under age 18

NO-SHOWS WILL NOT BE SENT A T-SHIRT

Signature: _____



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