



Supporting Wellness & Recovery Through Peer Support & Advocacy

Thursday, September 10, 2015

8:30 AM – 4:00 PM

The Penn Stater Conference Center and Hotel
215 Innovation Boulevard
State College, PA 16803

Sponsored by Community Care Behavioral Health Organization and
Western Psychiatric Institute and Clinic

About the Conference

The *Supporting Wellness and Recovery Through Peer Support and Advocacy* conference will provide an overview of peer support in mental health and addictions— aspects of peer support; recovery management; performance standards; and supervision, as well as the issues and challenges facing peer support at the definitional, attitudinal, systemic, and organizational levels. Topics include:

- Certified peer support performance standards.
- Recovery oriented planning and evaluation.
- Peer leadership and advocacy.
- Utilizing peers to engage individuals in services.
- Peer supervision.

This conference is intended for individuals who work as certified peer specialists, certified recovery specialists and provider agencies who employ or are interested in having peer support staff and others interested in behavioral health services. The conference is free of charge and includes CEUs and lunch.

Continuing Education

Mental Health Professionals

Nurses and other health care professionals are awarded 0.65 CEUs. One CEU is equal to 10 contact hours.

National Certified Counselors

WPIC is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. WPIC adheres to the NBCC Continuing Education Guidelines. This program is being offered for 6.5 continuing education credits.

Peer Specialists

This program fulfills requirements for certified peer specialist continuing education. Peer specialists are awarded 0.65 CEUs, which equals to 6.5 contact hours.

Pennsylvania Certification Board

Community Care will award 6.5 hours of PCB approved hours of education for participants attending the conference. Our program is certified by the Pennsylvania Certification Board, Provider #414. Other health care professionals are awarded .65 CEUs which are equal to 6.5 contact hours.

Psychologists

WPIC is approved by the American Psychological Association to sponsor continuing education credits for psychologists. WPIC maintains responsibility for this program and its content. This program is 6.5 continuing education credits.

Social Workers

This program is offered for 6.5 hours of social work continuing education through the co-sponsorship of the University of Pittsburgh School of Social Work, a Council on Social Work Education accredited and Pennsylvania pre-approved continuing education provider for LSW, LCSW, LPC and LMFT. Those attending from other states should check with their social work boards on acceptance of, or number for, continuing education through CSWE-accredited.

Agenda

- 8:30 AM Registration
- 9:00 AM **Welcome & Introduction**
James Schuster, MD, MBA, Chief Medical Officer, Community Care & Vice President, Behavioral Health Integration, UPMC Insurance Services Division
Kim MacDonald-Wilson, ScD, CRC, CPRP, Senior Director, Recovery & Wellness, Community Care & Adjunct Assistant Professor of Psychiatry, University of Pittsburgh
- 9:15 AM **Keynote Panel: The Impact of Peer Support on the Behavioral Health System**
Lyn Legere, MS, CPRP, CPS, Peer & Recovery Education Coordinator Promise Resource Network
Neil Campbell, Executive Director, Georgia Council of Substance Abuse
- 10:30 AM **Break**
- 10:45 AM **Workshops:**
- A. CPS Performance Standards**
Felicia Stehley, RN, BSN, Regional Director, North Central HealthChoices, Community Care
Kim MacDonald-Wilson, ScD, CRC, CPRP, Senior Director, Recovery & Wellness, Community Care & Adjunct Assistant Professor of Psychiatry, University of Pittsburgh
- B. Recovery Management**
Beverly J. Haberle, MHS LPC, CAC, Executive Director, The Council of Southeast Pennsylvania, Inc. & Project Director, PRO-ACT
- C. Peer Supervision**
Erme Maula, RN, MSN, CPS, WRAP Facilitator & Program Manager, CRIF Self Mental Health Association of Southeastern Pennsylvania
- 12:00 PM **Recovery: Roots and Wings (Lunch Learning Session)**
Lyn Legere, MS, CPRP, CPS, Peer & Recovery Education Coordinator Promise Resource Network
- 1:00 PM **Keynote Speaker: Utilizing Peers to Engage Individuals in Services**
David Loveland, PhD, Senior Program Director, Recovery Program Development & Implementation, Community Care
- 2:15 PM **Break**
- 2:30 PM **Workshops:**
- D. Recovery-Oriented Planning and Evaluation**
Beverly J. Haberle, MHS LPC, CAC, Executive Director, The Council of Southeast Pennsylvania, Inc. & Project Director, PRO-ACT
- E. Peer Leadership and Advocacy**
Alyssa Goodin, Division Director, Policy & Advocacy, Mental Health Association of Southeastern Pennsylvania
- F. Utilizing Self-Directed Care in Peer Support**
Erme Maula, RN, MSN, CPS, WRAP Facilitator & Program Manager, CRIF Self Mental Health Association of Southeastern Pennsylvania
Kim MacDonald-Wilson, ScD, CRC, CPRP, Senior Director, Recovery & Wellness, Community Care & Adjunct Assistant Professor of Psychiatry, University of Pittsburgh
- 3:45 PM **Closing Remarks**
- 4:00 PM **Adjournment**

About the Keynote Speakers

Neil Campbell

Neil Campbell is an advocate for substance abuse prevention, addiction treatment, and recovery support services. She serves as the Executive Director of the Georgia Council of Substance Abuse, a nonprofit organization that builds community collaborations to reduce the impact of substance abuse in Georgia communities. She served as Georgia's first Director of the Office of Addictive Diseases with the Department of Human Resources Mental Health, Developmental Disabilities and Addictive Diseases Division. Neil's current focus is to positively impact public policy and legislation, promote recovery-oriented systems of care, and develop a peer recovery workforce to support and grow Georgia's recovery communities.

Lyn Legere, MS, CPRP, CPS

Lyn Legere has served in many roles in and around the mental health field for the past 25 years and has been integrally involved in efforts to transform the traditional mental health field. She is currently providing professional development for peer and clinical staff within Promise Resource Network as well as training/supporting the Employment Peer Mentors in North Carolina. She also provides recovery training and consultation to agencies across the state.

David Loveland, PhD

David Loveland's research focuses on developing community-based models of care for individuals with behavioral health disorders, as well as implementing effective behavioral and cognitive behavioral techniques into practice. His current projects include expanding the recovery coach model in addiction treatment, integrating primary care and behavioral health services, and developing behavioral health interventions with e-therapy technology.

Registration Form

Register online using <https://www.surveymonkey.com/r/VSV3Y9N> or send your completed form to **Debora Shipman by August 28, 2015** by email (shipmand@cdbh.com), fax (412.454.2177), or mail (*Community Care, Attn. Debora Shipman, 339 Sixth Ave., Suite 1300, Pittsburgh, PA 15222*).

Special Needs: Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by calling 412.454.8625.

Supporting Wellness and Recovery Through Peer Support and Advocacy | September 10, 2015

Registration confirmation will be sent via email only

Name: _____ Title: _____

Agency: _____

Address: _____

Phone: _____ Fax: _____ Email: _____

Lunch Preference:

- Turkey
- Ham
- Vegetarian

Workshop:

- A D
- B E
- C F

Continuing Education Credits:

- Certified Peer Specialist
- Certified Recovery Specialist
- Mental Health Professional
- National Certified Counselor
- Psychologist
- Social Worker