

IT TAKES A FAMILY: *A Cooperative Approach to Lasting Sobriety*

a **FREE** workshop
by Debra Erickson Jay

International Interventionist and
Chemical Dependency Specialist

Nationally Known Speaker and Trainer
Popular television, radio
and media personality

Best-selling author of a variety of
books, including:

*“Love First: A New Approach to Intervention for Alcoholism
and Drug Addiction”* and *“No More Letting Go: The Spirituality
of Taking Action Against Alcoholism and Drug Addiction”*

June 30, 2015 • 7:30pm - 9:00pm

Reception from 6:30 to 7:30 pm, with light food, beverages and the opportunity to meet and socialize.
Presentation 7:30 pm to 9:00 pm. Book signing opportunity following the presentation. Free and open
to all. Registration is not required. A certificate of attendance can be provided. FREE CEU's
(1.5 hours) for addiction professionals (NAADAC and MCBAP Approved Education Provider)

St. Joseph Mercy Hospital Education Center
5305 Elliott Drive, Ypsilanti, Michigan

Addiction is often described as a “family disease”—but up until now, families have been mostly left out of the recovery equation, which surely contributes to the ubiquitous nature of relapse. *Structured Family Recovery™* starts with a family and ends with a family recovery team. It unlocks the secrets of lasting sobriety—those used to keep addicted doctors sober—and makes them available to families.

Debra Jay has created a family recovery program that both revolutionizes recovery and brings it back to its roots. This presentation will describe *Structured Family Recovery™*, how it is implemented to transform families into recovery teams, and how the newly recovering person is invited to join the team.

This will bring PRACTICAL INFORMATION, HELP and HOPE to individuals and families affected by addiction and to anyone who wants to learn about *Structured Family Recovery™* from the expert who developed this technique.

Debra is the acclaimed author of the newly-released “It Takes a Family: A Cooperative Approach to Lasting Sobriety” and other popular books. She is a Trustee of Dawn Farm.

