

Sixth Annual

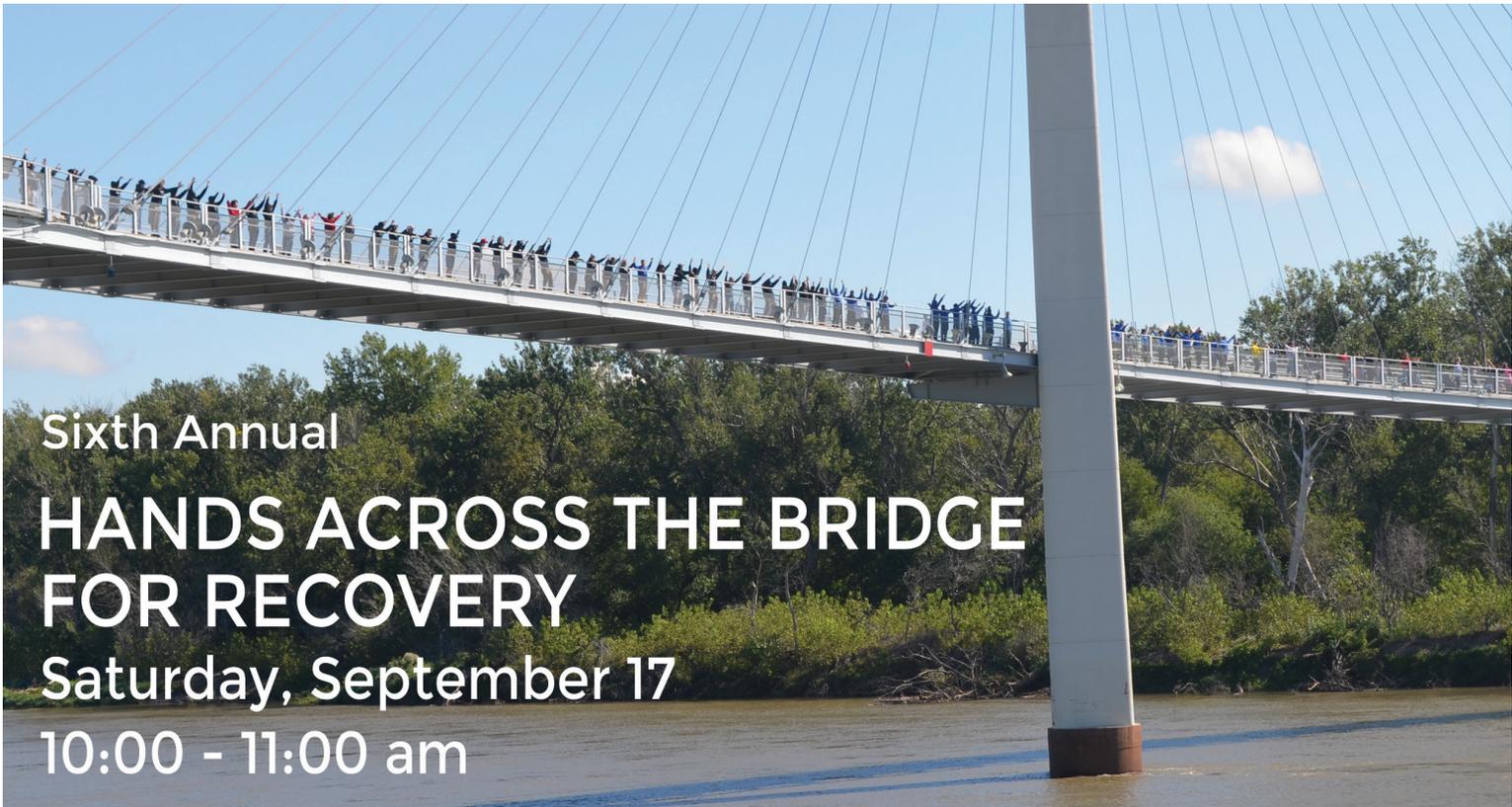
HANDS ACROSS THE BRIDGE FOR RECOVERY

Saturday, September 17

10:00 - 11:00 am



Bob Kerrey Pedestrian Bridge
Council Bluffs, IA Entrance



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Join us at the bridge to reach our goal of **ONE THOUSAND HANDS** to send an important message: **Prevention works, treatment is effective and people do recover!**

Celebrate Recovery Month in both Iowa and Nebraska. Annually during September, we:

- Promote the benefits of treatment for substance abuse and mental health disorders.
- Celebrate those who are in recovery.
- Appreciate friends & family who support those in recovery.
- Applaud the contributions of treatment providers.
- Spread the message that recovery is possible.

Help us send a positive message about recovery!

DJ * Coffee Bar * Information * Speaker * SWAG Bag

Please note that this is a **tobacco-free event**.

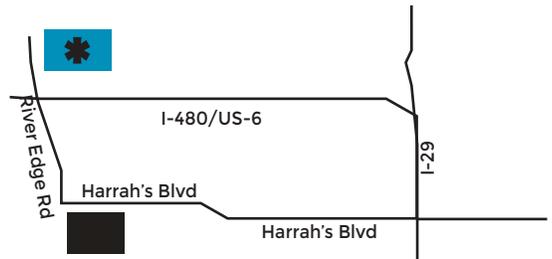
Thank You to Our Community Partners!: AmeriHealth Caritas Iowa, Heartland Family Service, LiveWise, Mental Health & Substance Abuse Network, Santa Monica and Trailblazers

Thank You to Our Generous Sponsors!: AmeriHealth Caritas Iowa, Gem Financial, and COMPLETE weddings + extras

Directions & Parking:

Due to construction, parking will be limited on the street, so please plan to park in the Tom Hanafan River's Edge Park lot. To access this lot:

- From I-29, take Exit 53A
- Head west on Harrah's Boulevard
- Just past the Stir Concert Cove, turn right on River Edge Service Road and continue north
- Park in any available spot and walk northeast toward the Iowa-side entrance to the Bob Kerrey Pedestrian Bridge



For more information, contact Lorelle Mueting at: (712) 325-5628 or LMueting@HeartlandFamilyService.org
www.preventionmeansprogress.org



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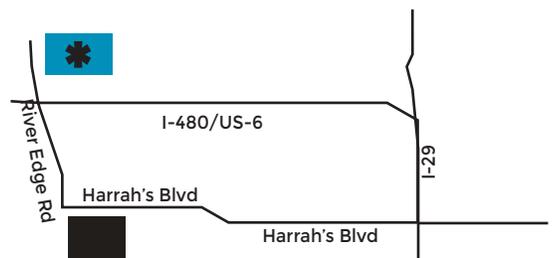
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