

R-U-N 5K EVENING ROAD RACE

"RECOVERY UNITES NEIGHBORS"

Wednesday

August 31, 2016

5:30pm Registration

6:00pm 5k Run/Walk

7:30pm Candlelight Vigil

Where: Race will be held behind the Ellsworth YMCA. **Candlelight Vigil** will be held at adjacent Knowlton Park.

Registration: \$20 for 5k Run/Walk Free T-Shirts to the first 50 to register!

R-U-N 2016

*Recovery Unites Neighbors
Ellsworth, Maine*

National
Recovery Month
Prevention Works - Treatment is Effective - People Recover
SEPTEMBER 2016

R-U-N 2016 will support Healthy Acadia and Your Place, Inc. initiatives focused on substance education, prevention, support and recovery in Hancock County, Maine.

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R-U-N events will serve to kick-off National Recovery Month. Every September, the Substance Abuse and Mental Health Services Administration (SAMHSA), sponsors National Recovery Month to increase awareness of behavioral health conditions.

Register Online: <https://runsignup.com/Race/ME/Ellsworth/RUNRecoveryUnitesNeighbors5kRoadRace>

or contact Michele Wagstaff at 664-8605 or mwagstaff1097@gmail.com

For information about the Candlelight Vigil contact Denise Black at 667-7171 or denise@healthyacadia.org

If you would like to donate but are unable to attend either event, please visit

<https://runsignup.com/Race/Donate/ME/Ellsworth/RUNRecoveryUnitesNeighbors5kRoadRace>



*Building vibrant communities
in Hancock and Washington counties*